

Registered dietitian nutritionists, or RDNs, are food and nutrition experts, translating the science of nutrition into practical solutions for healthy living. The expertise, training and credentials that back a registered dietitian nutritionist are vital for promoting positive lifestyle choices. RDN's can help separate the facts from the fads and provide sound, easy-to-follow nutrition advice. RDN's can guide you onto the right path when it comes to balanced eating, proper weight and risk reduction for chronic diseases.

Our Registered Dietitian Nutritionist, Jessica Butler, is available by appointment for individual and group tours with students, parents and campus organizations. She can assist with navigating dining options, building well-balanced meals and ensure that student's dietary needs are being met. Throughout the semester, there are nutrition events promoting health and wellness, while enhancing students' nutrition knowledge.

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